

**Curriculum Vitae**  
**Alexandra M. Freund**  
(November 2012)

Education

2002            Habilitation, Free University Berlin, Germany  
1994            Dr. phil., Free University Berlin, Germany  
1989            Diploma in Psychology, Free University Berlin, Germany  
1986            Pre-Diploma in Psychology, Ruprecht-Karls-University Heidelberg, Germany  
1983            Abitur

Professional Positions

2005 -            Professor of Psychology, University of Zurich, Department of Psychology, Zurich, Switzerland  
2003 - 2004    Associate Professor of Human Development and Social Policy, and Psychology, Northwestern University, Evanston, IL, USA  
2003            Assistant Professor of Human Development and Social Policy, Learning Sciences, and Psychology, Northwestern University, Evanston, IL, USA  
1994 - 2002    Research Scientist, Max Planck Institute for Human Development, Berlin, Germany  
1993 - 1994    Post-Doctoral Fellow with Prof. L. L. Carstensen, Stanford University, Stanford, CA, USA  
1990 - 1993    Doctoral Student with Prof. Dr. P. B. Baltes and Dr. J. Smith, Max Planck Institute for Human Development, Berlin, Germany (Thesis: *Who am I? Content, structure and function of older persons' self-definition*)  
1988 - 1989    Research Assistant, Project: *Prevention of behavioral disorders in school-children*, PI: Prof. Dr. M. Manns, Free University Berlin, Germany  
1987 - 1989    Research Assistant, Health psychology program, PI: Prof. Dr. R. Schwarzer, Free University Berlin, Germany  
1987 - 1989    Counseling and rehabilitation of former psychiatry inpatients, social-psychiatric clinic, Berlin, Germany

Main Research Interests

- Motivation across the life span
- Development of the self-related cognitions and emotions across the life span
- Processes of developmental regulation; successful development

## Honors

2000 - 2005 Elected founding member of the Young Academy of the Berlin-Brandenburg Academy of Sciences and Humanities and the German Academy of Natural Scientists Leopoldina

## Memberships

- American Psychological Association (APA): International Affiliate
  - Division 8 (Personality and Social Psychology)
  - Division 20 (Adult Development and Aging)
- American Psychological Society (APS)
- Society for the Study of Human Development (SSHD)
- International Society of Research on Emotions (ISRE)
- German Psychological Society (DGPs)
  - Developmental Psychology Division
  - Social Psychology Division

## Funding

- Project "Selection, Optimization, and Compensation: Processes of life-management (SOC)," Sub-project: Questionnaire development, 1996-1998 (DM 145,815; Max Planck Society, Germany)
- Project "Thinking and Walking," 1999-2000 (DM 147,985; Max Planck Society, Germany; in collaboration with Ulman Lindenberger)
- Project "Selection, Optimization, and Compensation: Processes of life-management (SOC)," Sub-project: Action theoretical elaboration of SOC (SOC-Act), 1999-2001 (DM 400,584; Max Planck Society, Germany)
- Ad personam research grant, 2001 (\$50,000; Northwestern University)
- Co-PI of the Young Academy of Emotions, Villa Vigoni, Italien, 2002 (€ 80,000; Volkswagen Foundation)
- Ad personam research grant, 2006-2011 (CHF 48,000; Bundesprogramm Chancengleichheit, Switzerland)
- Project "From school to university: Life plans and explicit/implicit gender role attitudes," 2007-2008, Co-PIs: Bettina S. Wiese, Alexandra M. Freund (CHF 88,950; Jacobs Foundation, ID: 160)
- Project "Fighting weight problems in adolescence: The role of goal focus," 2007-2010, PI: Alexandra M. Freund (CHF 307,944; Jacobs Foundation, ID: 751)
- Project "Process and outcome focus – The role of age," 2007-2011, PI: Alexandra M. Freund (CHF 403,481; Swiss National Science Foundation, ID: 100013-116528)
- Project "Emotional, cognitive, and motivational aspects of goal conflict," 2008, PI: Alexandra M. Freund (CHF 6,000; Swiss National Science Foundation, ID: IZK0Z1-123661)
- 3 fully funded doctoral stipends (including salary and research funds) in the International Max Planck Research School on the Life Course (LIFE), 2009-2012 (CHF 600,000; Jacobs Foundation)

- Project “Age-related consequences of gain and loss motivation,” 2009-2012, PI: Alexandra M. Freund (CHF 30,000; Foundation for Research in Science and the Humanities at the University of Zurich)
- Project “Social approach and avoidance motivation: The role of age,” 2010-2012, Co-PIs: Jana Nikitin, Alexandra M. Freund (CHF 260,300; Swiss National Science Foundation)
- Subproject “Management of Multiple Roles Across Adulthood,” subproject of the National Centre of Competence in Research (NCCR) “LIVES: Overcoming Vulnerability: Life Course Perspectives” (PI: Dario Spini); 2011-2014, Co-PIs: Alexandra M. Freund, Bettina S. Wiese (CHF 31,009,500 total; CHF 387,000 for subproject; Swiss National Science Foundation)
- Project “Readiness to disengage from motivational conflict: Adult age differences and implications for emotional experiences,” 2012-2014, PI: Alexandra M. Freund (CHF 280,000; Swiss National Science Foundation)
- 3 fully funded doctoral stipends (including salary and research funds) in the International Max Planck Research School on the Life Course (LIFE), 2012-2015 (CHF 603,000; Jacobs Foundation)

#### Current Ph.D. students

- Miriam Depping (Ph.D. expected spring 2013)
- Kathrin Krause (Ph.D. expected fall 2013)
- Josua Schmeitzky (Ph.D. expected fall 2015)
- Simone Schoch (Ph.D. expected spring 2013)

#### Dissertations supervised

- Natalie C. Ebner, Ph.D., 2005 (now assistant professor at University of Florida, Gainesville, FL, USA)
- Marie Hennecke, 2011 (now postdoctoral researcher at the University of Virginia, Charlottesville, VA, USA)
- Maida Mustafic, 2012 (now teaching and research associate at the University of Trier, Germany)
- Jana Nikitin, Ph.D., 2008 (now senior teaching and research associate at the University of Zurich, Switzerland)
- Michaela Riediger, Ph.D., 2001 (now assistant professor at the Max Planck Institute for Human Development, Berlin, Germany)
- Johannes O. Ritter, Ph.D., 2009 (now postdoctoral researcher at the University of Erfurt, Germany)
- Susanne E. Scheibe, Ph.D., 2005 (now assistant professor at the University of Groningen, NL)
- Bettina S. Wiese, Ph.D., 1998 (now professor at RWTH Aachen University, Germany)

#### Courses taught (graduate and undergraduate level)

##### *Lecture Classes*

- Development Across Adulthood
- Life Management 1: Self
- Life Management 2: Others, Tasks
- The Psychology of Life-Management

- Successful Development in Adulthood
- Adult Development and Aging

#### *Seminars*

- Approach and Avoidance Motivation Across the Lifespan
- Self-Regulation Across the Lifespan
- Emotion Regulation Across the Lifespan
- Proseminar Human Development and Social Policy
- Successful Development
- The Psychology of Love Across the Lifespan
- The Psychology of Happiness
- The Psychology of Suicide Bombing
- Human Motivation
- Motivation and Emotion in Old Age
- Self and Personality in Old Age
- Cognitive Development in Childhood
- Older Men and Women
- Introduction to Data Analysis

#### *Research Seminars*

- Self-Regulated Learning in Young Adulthood
- Emotion Regulation Training in Children
- Social-Psychological Aspects of Materialism
- Approach/Avoidance Motivation
- Time Perception and Experience

#### *Independent Studies*

- Motivational processes across adulthood
- Social approach and avoidance motivation across adulthood
- Multiple goals
- Development of students' interest in sciences
- School achievement in refugee children
- Motivational processes in school and beyond
  
- Co-organizer and course director of a summer academy on emotions, Villa Vigoni, Italy (August 2002)
- Workshop at the summer school for doctoral students, organized by the Social Psychology Division of the German Psychological Society, Cologne, Germany (June 2007)

#### Journal Reviewer (selection)

- Aging & Mental Health
- American Psychologist
- Applied Developmental Science
- *Applied Psychology: Health and Well-Being (Editorial Board)*
- British Journal of Developmental Psychology
- Cognition and Emotion
- Current Directions in Psychological Science
- *Developmental Psychology (Editorial Board)*
- Developmental Review

- European Journal of Personality
- European Journal of Psychology
- European Journal of Psychology of Education
- European Journal of Social Psychology
- *European Psychologist (Editorial Board)*
- *Gerontology (Editorial Board)*
- Human Development
- International Journal of Aging and Human Development
- International Journal of Behavioral Development
- Journal of Applied Developmental Psychology
- Journal of Clinical and Consulting Psychology
- Journal of Personality
- Journal of Personality and Social Psychology
- Journal of Gerontology
- Journal of Occupational Health Psychology
- Journal of Research on Adolescence
- Psychologische Rundschau [Psychological Review, German]
- *Psychology and Aging (Editorial Board 2007-2010; Associate Editor since 2010)*
- Psychological Assessment
- Psychological Bulletin
- Psychological Review
- Psychological Science
- Research on Aging
- Stress, Anxiety and Coping
- Swiss Journal of Psychology
- Zeitschrift für Klinische Psychologie [Journal of Clinical Psychology, German]
- Zeitschrift für Sozialpsychologie [Journal of Social Psychology, German]

Reviewer of book prospectus

- Lawrence Erlbaum
- Cambridge University Press
- Wiley & Sons

Reviewer for research organizations

- Social Sciences and Humanities Research Council (SSHRC), Canada
- National Institutes of Health (NIH), USA
- German Research Foundation (DFG), Germany
- Swiss National Science Foundation (SNSF), Switzerland

Professional service

- Member of conference program committees (German Society for Gerontology, Munich 1999; Swiss Psychological Society, Zurich 2007; Society for the Study of Motivation, Chicago 2008; International Association of Positive Psychology, 2009, Philadelphia)
- Organizer of the colloquium series at the Max Planck Institute for Human Development, Center for Lifespan Development, 1998-2002

- Second reader of dissertations (Steinunn Gestsdottir, Tufts University, 2005; Jaap Denissen, Humboldt University Berlin, 2005; Jessica Doerner, Jacobs University Bremen, 2005; Mattias Allemand, University of Zurich, 2006; Andreas Hirschi, University of Zurich, 2007; Jokisaari Markku, Jyväskylä, Finland, 2007; Katrin Roduner, University of Zurich, 2007; Claudia Schellenberg, University of Zurich, 2008; Jessica Schnelle, University of Zurich, 2008; Tobias Heilmann, University of Zurich, 2008; Martina Stamm, University of Zurich, 2008; Christine P. Seiger, University of Zurich, 2009; Olive E. Wetter, University of Zurich, 2012; Reinhard Drobetz, University of Zurich, 2012)
- Habilitation committees (Carmen Tanner, University of Zurich, 2006; Bettina S. Wiese, University of Zurich, 2006; Claudia Spiess-Huldi, University of Zurich, 2008; Evelyn Bertin, University of Zurich, 2009; Daniel Zimprich, University of Zurich, 2009; Michaela Riediger, University of Zurich, 2010; Holger Schramm, University of Zurich, 2010; Simon Forstmeier, University of Zurich, 2012)
- Member of the advisory board of the project “Functions of consciousness” (“Funktionen des Bewusstseins”) at the Berlin-Brandenburg Academy of Sciences and Humanities, Berlin, Germany, 2005-2009
- Member of the interdisciplinary “Human project: On the place of man in nature” (“Humanprojekt: Zur Stellung des Menschen in der Natur”) at the Berlin-Brandenburg Academy of Sciences and Humanities, Berlin, Germany (PIs: Detlev Ganten, Volker Gerhard, Julian Nida-Rümelin, 2006-2010)
- Member of the executive board of the Bäsch Foundation for the Advancement of Applied Psychology, since 2005
- Member of board of directors of the post-graduate program: Master of Advanced Studies in Psychology of Career Counseling and Human Resources Management (MASP-CC&HRM), 2005 - 2012
- Speaker of the Zurich Site of the International Max Planck Research School of the Life Course (LIFE), since 2008
- Member of the advisory board of the Norway Longitudinal Study on Aging (NorLag), Norway, since 2009
- Speaker of the Developmental Psychology Division of the German Psychological Society (DGPs), 2009-2011
- Organizer and Chair of the Research Prize Symposia 2010 and 2011 “Research frontiers in human development” on the occasion of the presentation of the Klaus J. Jacobs Research Prize (Zurich, Switzerland)
- Organizer of the LIFE Fall Academies Spring 2009 (Boldern, Switzerland) and Fall 2011 (Bergün, Switzerland)

## Publications

### Journal Articles (reverse chronological order)

- Freund, A. M., & Keil, A. (2012). Out of mind, out of heart: Attention affects duration of emotional experience. *Cognition and Emotion*. doi.org/10.1080/02699931.2012.725574
- Berger, S., & Freund, A. M. (2012). Fear of failure, disorganization, and subjective well-being in the context of preparing for exams. *Swiss Journal of Psychology*, 71, 83-91. doi:10.1024/1421-0185/a000074
- Freund, A. M., & Hennecke, M. (2012). Changing eating behaviour vs. losing weight: The role of goal focus for weight loss in overweight women. *Psychology and Health*, 27,25-42. doi:10.1080/08870446.2011.570867
- Mustafic, M., & Freund, A. M. (2012). Multidimensionality in developmental conceptions across adulthood. *GeroPsych*, 25, 57-72. doi:10.1024/1662-9647/a000055
- Mustafic, M., & Freund, A. M. (2012). Means or outcomes? Goal orientation predicts process and outcome focus. *European Journal of Developmental Psychology*, 8, 1-7. doi:10.1080/17405629.2012.661411
- Nikitin, J., Burgermeister, L., & Freund, A. M. (2012). The role of age and social motivation in developmental transitions in young and old adulthood. *Frontiers of Developmental Psychology*, 3:366. doi: 10.3389/fpsyg.2012.00366
- Weiss, D., & Freund, A. M. (2012). Still young at heart: Negative age-related information motivates distancing from same-aged people. *Psychology and Aging*, 27, 173-180. doi:10.1037/a0024819
- Weiss, D., Freund, A. M., & Wiese, B. S., (2012). Mastering developmental transitions in young and middle adulthood: The interplay of openness to experience and traditional gender ideology on women's self-efficacy and well-being. *Developmental Psychology*. Advance online publication. doi:10.1037/a0028893
- Depping, M. K. & Freund, A. M. (2011). Normal aging and decision making: The Role of motivation. *Human Development*, 54, 349-367. doi:10.1159/000334396
- Freund, A. M. (2011). Introduction to the special section: The role of gender in school-related transitions and beyond. *International Journal of Behavioral Development*, 35, 193-194. doi:10.1177/0165025411400805
- Freund, A. M., Kourilova, S., & Kuhl, P. (2011). Stronger evidence for own-age effects in memory for older as compared to younger adults. *Memory*, 19, 429-448. doi:10.1080/09658211.2011.583929
- Hachfeld, A., Lippke, S., Ziegelmann, J. P., & Freund, A. M. (2011). Wahrgenommene Zielkonflikte zwischen Gesundheitszielen: Ergebnisse einer Intervention zur Förderung von körperlicher Aktivität und Ernährung [Perceived intergoal conflicts between two health goals: Results of a health intervention to enhance physical activity and a healthy diet]. *Zeitschrift für Medizinische Psychologie*, 20, 60-71. doi:10.3233/ZMP-2011-2014
- Nikitin, J., & Freund, A. M. (2011). Age and motivation predict gaze behavior for facial expressions. *Psychology and Aging*, 26, 695-700. doi:10.1037/a0023281
- Scheibe, S., Blanchard-Fields, F., Wiest, M., & Freund, A. M. (2011). Is longing only for Germans? A cross-cultural comparison of Sehnsucht in Germany and the United States. *Developmental Psychology*, 47, 603-618. doi:10.1037/a0021807

- Wiese, B. S., & Freund, A. M. (2011). Parents as role models: Parental behavior affects adolescents' plans for work involvement. *International Journal of Behavioral Development, 35*, 218-224. doi:10.1177/0165025411398182
- Freund, A. M., Hennecke, M., & Riediger, M. (2010). Age-related differences in outcome and process goal focus. *European Journal of Developmental Psychology, 7*, 198-222. doi:10.1080/17405620801969585
- Hennecke, M. & Freund, A. M. (2010). Staying on and getting back on the wagon: Age-related improvement in self-regulation during a low-calorie diet. *Psychology and Aging, 25*, 876-885. doi:10.1037/a0019935
- Nikitin, J., & Freund, A. M. (2010). When wanting and fearing go together: The effect of co-occurring social approach and avoidance motivation on behavior, affect, and cognition. *European Journal of Social Psychology, 40*, 783-804. doi:10.1002/ejsp.650
- Wiese, B. S., Seiger, C. P., Schmid, C. M., & Freund, A. M. (2010). Beyond conflict: Functional facets of the work-family interplay. *Journal of Vocational Behavior, 77*, 104-117. doi:10.1016/j.jvb.2010.02.011
- Freund, A. M., Nikitin, J., & Ritter, J. O. (2009). Psychological consequences of longevity: The increasing importance of self-regulation in old age. *Human Development, 52*, 1-37. doi:10.1159/000189213
- Freund, A. M., & Ritter, J. O. (2009). Midlife crisis: A debate. *Gerontology, 55*, 582-591. doi:10.1159/000227322
- Keil, A., & Freund, A. M. (2009). Changes in the sensitivity to appetitive and aversive arousal across adulthood. *Psychology and Aging, 24*, 668-680. doi:10.1037/a0016969
- Ritter, J. O., & Freund, A. M. (2009). Asymmetric comparison in choice processes. *Social and Personality Psychology Compass, 3*, 582-600. doi:10.1111/j.1751-9004.2009.00189.x
- Freund, A. M. (2008). Successful aging as management of resources: The role of selection, optimization, and compensation. *Research in Human Development, 5*, 94-106. doi:10.1080/15427600802034827
- Freund, A. M., & Staudinger, U. M. (2008). Introduction to special issue. *Research in Human Development, 5*, 65-68. doi:10.1080/15427600802034702
- Nikitin, J., & Freund, A. M. (2008). The role of social approach and avoidance motives for subjective well-being and the successful transition to adulthood. *Applied Psychology, 57*(s1), 90-111. doi:10.1111/j.1464-0597.2008.00356.x
- Riediger, M., & Freund, A. M. (2008). Me against myself: Motivational conflicts and emotional development in adulthood. *Psychology and Aging, 23*, 479-494. doi:10.1037/a0013302
- Scheibe, S., & Freund, A. M. (2008). Approaching Sehnsucht (life longings) from a life-span perspective: The role of personal utopias in development. *Research in Human Development, 5*, 121-133. doi:10.1080/15427600802034868
- Scheibe, S., Freund, A. M., & Baltes, P. B. (2007). Toward a developmental psychology of Sehnsucht (life longings): The optimal (utopian) life. *Developmental Psychology, 43*, 778-795. doi:10.1037/0012-1649.43.3.778
- Ebner, N. C., Freund, A. M., & Baltes, P. B. (2006). Developmental changes in personal goal orientation from young to late adulthood: From striving for gains to maintenance and prevention of losses. *Psychology and Aging, 21*, 664-678. doi:10.1037/0882-7974.21.4.664



- Freund, A. M. (2006). Age-differential motivational consequences of optimization versus compensation focus in younger and older adults. *Psychology and Aging, 21*, 240-252. doi:10.1037/0882-7974.21.2.240
- Riediger, M., & Freund, A. M. (2006). Focusing and restricting: Two aspects of motivational selectivity in adulthood. *Psychology and Aging, 21*, 173-185. doi:10.1037/0882-7974.21.1.173
- Li, S.-C., & Freund, A. M. (2005). Advances in lifespan psychology: A focus on biocultural and personal influences. *Research in Human Development, 2*, 1-23. doi:10.1207/s15427617rhd0201&2\_1
- Riediger, M., Freund, A. M., & Baltes, P. B. (2005). Managing life through personal goals: Intergoal facilitation and intensity of goal pursuit in younger and older adulthood. *Journal of Gerontology: Psychological Sciences, 60B*, P84-P91. doi:10.1093/geronb/60.2.P84
- Wiese, B. S., & Freund, A. M. (2005). Goal progress makes one happy, or does it? Longitudinal findings from the work domain. *Journal of Occupational and Organizational Psychology, 78*, 287-304. doi:10.1348/096317905X26714
- Freund, A. M., Hütt, M.-T., & Vec, M. (2004). Selbstorganisation: Aspekte eines Begriffs- und Methodentransfers [Self-organization: Aspects of a transfer of terminology and methods]. *Systeme, 18*, 3-20.
- Riediger, M., & Freund, A. M. (2004). Interference and facilitation among personal goals: Differential associations with subjective well-being and persistent goal pursuit. *Personality and Social Psychology Bulletin, 30*, 1511-1523. doi:10.1177/0146167204271184
- Freund, A. M. (2003). Die Rolle von Zielen für die Entwicklung [The role of goals for development]. *Psychologische Rundschau, 54*, 233-242. doi:10.1026//0033-3042.54.4.233
- Freund, A. M. (2003). Scientists are crazy men in white lab coats: Scientists and science in the public eye. *Nova Acta Leopoldina, 87(325)*, 235-237.
- Freund, A., & Baltes, P. B. (2003). Pour un développement et un vieillissement réussis: Sélection, Optimisation et Compensation [Successful development and aging: Selection, optimization, and compensation]. *Revue Québécoise de Psychologie, 24*, 27-52.
- Freund, A. M., & Baltes, P. B. (2002). Life-management strategies of selection, optimization, and compensation: Measurement by self-report and construct validity. *Journal of Personality and Social Psychology, 82*, 642-662. doi:10.1037/0022-3514.82.4.642
- Freund, A. M., & Baltes, P. B. (2002). The adaptiveness of selection, optimization, and compensation as strategies of life management: Evidence from a preference study on proverbs. *Journal of Gerontology: Psychological Sciences, 57B*, P426-P434. doi:10.1093/geronb/57.5.P426
- Wiese, B. S., Freund, A. M., & Baltes, P. B. (2002). Subjective career success and emotional well-being: Longitudinal predictive power of selection, optimization, and compensation. *Journal of Vocational Behavior, 60*, 321-335. doi:10.1006/jvbe.2001.1835
- Smith, J., & Freund, A. M. (2002). The dynamics of possible selves in old age. *Journal of Gerontology: Psychological Sciences, 57B*, P492-P500. doi:10.1093/geronb/57.6.P492
- Freund, A. M., & Riediger, M. (2001). What I have and what I do: The role of resource loss and gain throughout life. *Applied Psychology: An International Review, 50*, 370-380. doi:10.1111/1464-0597.00063

- Lerner, R. M., Freund, A. M., De Stefanis, I., & Habermas, T. (2001). Understanding developmental regulation in adolescence: The use of the selection, optimization, and compensation model. *Human Development, 44*, 29-50. doi:10.1159/000057039
- Li, K. Z. H., Lindenberger, U., Freund, A. M., & Baltes, P. B. (2001). Walking while memorizing: Age-related differences in compensatory behavior. *Psychological Science, 12*, 230-237. doi:10.1111/1467-9280.00341
- Wiese, B. S., & Freund, A. M. (2001). Zum Einfluss persönlicher Prioritätensetzungen auf Maße der Stimuluspräferenz: Erste empirische Befunde [The influence of setting of personal priorities on the magnitude of stimulus preference: Initial empirical findings]. *Zeitschrift für Experimentelle Psychologie, 48*, 57-73. doi:10.1026//0949-3946.48.1.57
- Wrosch, C., & Freund, A. M. (2001). Self-regulation of normative and non-normative developmental challenges. *Human Development, 44*, 264-283. doi:10.1159/000057066
- Wiese, B. S., Freund, A. M., & Baltes, P. B. (2000). Selection, optimization, and compensation: An action-related approach to work and partnership. *Journal of Vocational Behavior, 57*, 273-300. doi:10.1006/jvbe.2000.1752
- Freund, A. M., & Baltes, P. B. (1999). Selection, optimization, and compensation as strategies of life management: Correction to Freund and Baltes (1998). *Psychology and Aging, 14*, 700-702. doi:10.1037/0882-7974.14.4.700
- Freund, A. M., & Smith, J. (1999). Methodological comment: Temporal stability of older person's spontaneous self-definition. *Experimental Aging Research, 25*, 95-107. doi:10.1080/036107399244165
- Freund, A. M., & Smith, J. (1999). Content and function of the self-definition in old and very old age. *Journal of Gerontology: Psychological Sciences, 54B*, P55-P67. doi:10.1093/geronb/54B.1.P55
- Freund, A. M., & Baltes, P. B. (1998). Selection, optimization, and compensation as strategies of life management: Correlations with subjective indicators of successful aging. *Psychology and Aging, 13*, 531-543. doi:10.1037/0882-7974.13.4.531
- Staudinger, U. M., & Freund, A. M. (1998). Krank und „arm“ im hohen Alter und trotzdem guten Mutes? Untersuchungen im Rahmen eines Modells psychologischer Widerstandsfähigkeit [Sick and "poor" in old age and still in good spirits? A study of psychological resilience]. *Zeitschrift für Klinische Psychologie, 27*, 78-85.
- Freund, A. M. (1997). Individuating age salience: A psychological perspective on the salience of age in the life course. *Human Development, 40*, 287-292. doi:10.1159/000278732
- Freund, A. M., & Smith, J. (1997). Die Selbstdefinition im hohen Alter [Self-definition in old age]. *Zeitschrift für Sozialpsychologie, 28*, 44-59.
- Carstensen, L. L., & Freund, A. M. (1994). The resilience of the aging self. *Developmental Review, 14*, 81-92. doi:10.1006/drev.1994.1004
- Mittag, W., Liebig, H., Freund, A., & Schwarzer, R. (1991). Selbstaufmerksamkeit und belastende Lebensereignisse: Eine Längsschnittstudie zur Rückfälligkeit von Alkoholikern [Self-consciousness and stressful life events: A longitudinal study of relapse in alcoholics]. *Zeitschrift für Klinische Psychologie, 20*, 154-165.

### Editorship

- Freund, A. M. (Ed.). (2011). Special section "The role of gender in school-related transitions and beyond." *International Journal of Behavioral Development*, 35(3).
- Lamb, M. E., & Freund, A. M. (Vol. Eds.). (2010). *The handbook of life-span development: Vol. 2. Social and emotional development*. Hoboken, NJ: John Wiley & Sons.
- Freund, A. M., & Staudinger, U. M. (Eds.). (2008). Special issue "Lifespan psychology: The legacy of Paul Baltes." *Research in Human Development*, 5(2).
- Vec, M., Hütt, M.-T., & Freund, A. M. (Eds.). (2006). *Selbstorganisation: Ein Denksystem für Natur und Gesellschaft* [Self-organization: A cognitive system for nature and society]. Cologne, Germany: Böhlau.

### Book Chapters (reverse chronological order)

- Freund, A.M., Weiss, D., & Nikitin, J. (in press). Sozial-motivationale Entwicklung im Erwachsenenalter: Die Regulation von Gewinnen und Verlusten [Social-motivational development across adulthood: The regulation of gains and losses]. In: L. Ahnert & , (Eds.), *Theorien der Entwicklungspsychologie*. Berlin: Springer.
- Freund, A. M., & Nitikin, J. (2012). Junges und mittleres Erwachsenenalter [Young and middle adulthood]. In W. Schneider & U. Lindenberger (Eds.), *Entwicklungspsychologie* (7. Aufl.). Weinheim, Germany: Beltz.
- Freund, A. M., & Hennecke, M. (2012). Lebens- und Altersplanung [Planning Life and Aging]. In H.-W. Wahl, C. Tesch-Römer, & J. Ziegelmann (Eds.), *Angewandte Gerontologie [Applied Gerontology]* (2. Edition, pp. 212-217 ). Stuttgart, Germany: Kohlhammer.
- Freund, A. M., Nikitin, J., & Riediger, M. (in press). Successful aging. In R. M. Lerner, A. Easterbrooks, & J. Mistry (Eds.), *Handbook of psychology, Vol. 6. Developmental psychology* (2<sup>nd</sup> ed.). New York, NY: Wiley.
- Freund, A. M., Hennecke, M., & Mustafic, M. (2012). On means and ends: Process and outcome focus. In R. M. Ryan (Ed.), *The Oxford handbook of human motivation* (pp. 280-300). New York, NY: Oxford University Press.
- Freund, A. M., & Lamb, M. E. (2010). Introduction: Social and emotional development across the life span. In M. E. Lamb & A. M. Freund (Eds.), *Volume 2: Social and emotional development*. In R. M. Lerner (Ed.), *The handbook of life-span development* (pp. 1-8). Hoboken, NJ: Wiley.
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### Books

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Freund, A. M. (1995). *Wer bin ich? Die Selbstdefinition alter Menschen*. [Who am I? Self-definition in old age]. Berlin, Germany: Sigma.

### Other publications

Riediger, M., & Freund, A. M. (2007). Intergoal relations in the context of starting to exercise: A case of positive development from younger to older adulthood. *International Society for the Study of Behavioural Development Newsletter*, 52(2), 8-11.

Vec, M., Beer, B., Engelen, E.-M., Freund, A. M., Kiesow, R.-M., Korte, M., Schollwöck, M., & Westphal, H. (2006). *Der Campus-Knigge: Von Abschreiben bis Zweitgutachten* [Campus etiquette: From cheating to the second referee]. Munich, Germany: Beck.

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### Selected Talks and Presentations (since 1998)

Freund, A. M. (2012, October). *Erfolgreiches Altern: Die Rolle der Motivation* [Successful Aging: The role of motivation]. Talk at the Senior University Zurich, Switzerland

Freund, A. M. (2012, October). *Age-related differences in goal focus*. Talk at the 21<sup>st</sup> International Max Planck Research School LIFE Fall Academy, Wintergreen, Virginia, USA.

Freund, A. M., Knecht, M., & Wiese, B. S. (2012, September). *MyLife: Multiple Ziele in Beruf, Familie und Freizeit* [MyLife: Multiple Goals in Work, Family, and Leisure]. Talk at the Conference of the German Association of Psychology, Bielefeld, Germany.

Freund, A. M. (2012, July). *The role of motivation for development and the role of development for motivation*. Invited talk at the 30<sup>th</sup> International Congress of Psychology, Cape Town, South Africa.

Freund, A. M. (2012, May). *Methodological challenges and possible solutions to the study of adult development and aging*. 20<sup>th</sup> International Max Planck Research School LIFE Spring Academy, Berlin, Germany.

- Weiss, D., & Freund, A. M. (2012, April). *When feeling older just feels better. How status differences motivate young adults' differentiation from same-aged and assimilation to older people*. Paper presented at the Conference of the European Association of Work and Organizational Psychology, Zurich, Switzerland.
- Freund, A. M. (2012, March). *Changes in values across adulthood*. Talk in the Developmental Area, Dept. of Psychology, University of Florida, Gainesville, USA
- Freund, A. M. (2012, February). *Approach and avoidance of happy and angry social stimuli*. Talk in at the NIMH Center for Emotion and Attention, University of Florida, Gainesville, USA
- Freund, A. M. (2012, January). *Hin und Weg: Soziale Annäherungs- und Vermeidungsmotivation* [Social approach and avoidance motivation]. Invited talk at the series "Together, for one another" at the University of Goettingen, Germany.
- Freund, A. M., & Nikitin, J. (2012, January). *The role of motivation and age for gaze preferences for positive and negative faces*. Paper presented at the Thirteenth Annual Meeting of the Society for Personality and Social Psychology (SPSP), San Diego (CA), USA.
- Depping, M. K., & Freund, A. M. (2011, November). *An incidental-memory paradigm to investigate age-related differences in the sensitivity to positive and negative information in decision making*. Annual Meeting of the Society for Judgement and Decision Making, Seattle, WA.
- Weiss, D., Wiese, B. S., & Freund, A. M. (2011, September). *Keeping on Track or Throwing the Towel? Adolescents' Self-Regulatory Strategy Use in Mastering Life Transitions*. Paper presented at the Success and Well-Being Conference in Basel, Switzerland.
- Depping, M. K., & Freund, A. M. (2011, September). *Positiv-Negativ-Asymmetrien: Die Entscheidung macht's*. 20. Fachgruppentagung Entwicklungspsychologie, Erfurt.
- Nikitin, Jana, & Freund, A. M. (2011, September). *Blickpräferenz für emotionale Gesichter: Die Rolle des Alters und der Motivation*. 20. Fachgruppentagung Entwicklungspsychologie, Erfurt.
- Schoch, S., Nikitin, J., & Freund, A. M. (2011, September). *Einfluss der Annäherungs- und Vermeidungsmotivation auf die Attribution von sozialer Akzeptanz und Zurückweisung: Ein Altersvergleich*. 20. Fachgruppentagung Entwicklungspsychologie, Erfurt.
- Weiss, D., & Freund, A. M. (2011, September). *Negative Informationen über das Alter motiviert die Distanzierung von Gleichaltrigen*. 20. Fachgruppentagung Entwicklungspsychologie, Erfurt.
- Krause, K., & Freund, A. M. (2011, September). *Es ist dringend, also wird es aufgeschoben: Warum subjektive Dringlichkeit positiv mit Prokrastination zusammenhängt*. 20. Fachgruppentagung Entwicklungspsychologie, Erfurt.
- Weiss, D., Wiese, B. S., & Freund, A. M. (2011, September). *Keeping on track or throwing in the towel? Adolescents' self-regulatory strategy use in mastering life transitions*. International Conference on Success and Well-Being in Education and Employment, Basel.
- Krause, K., & Freund, A. M. (2011, September). *How not to procrastinate: The influence of goal focus on procrastination and its consequences for subjective well-being and performance*. International Conference on Success and Well-Being in Education and Employment, Basel.



- Krause, K., & Freund, A. M. (2011, September). *Why students procrastinate: More predictors of procrastination and their impact on performance*. 19th International Max Planck Research School LIFE Research School Fall Academy, Bergün, Switzerland.
- Schoch, S., Nikitin, J., & Freund, A. M. (2011, August). *Alter und soziale Motivation: Einfluss der Annäherungs- und Vermeidungsmotivation auf die Attribution von sozialer Akzeptanz und Zurückweisung*. Dresden Summer School "Entwicklungspsychologie 2011", Dresden.
- Nikitin, Jana, Freund, A. M. (2011, July). *Being hopeful and fearful: Social motivation affects processing of emotional faces*. 16th General Meeting of the European Association of Social Psychology, Stockholm.
- Krause, K., & Freund, A. M. (2011, July). *Delayed or done: The positive relationship between procrastination and subjective urgency*. 7th Conference of Procrastination, Amsterdam, The Netherlands.
- Freund, A. M. & Wiese, B. S. (2011, July). *Emotion regulation at work: Age-related differences in strategy use and their efficacy*. Paper presented at the Conference of the International Society for the Study of Emotions, Kyoto, Japan.
- Freund, A. M. (2011, Juni). *Nur ein Mittel zum Zweck? Zur Adaptivität des Zielfokus über das Erwachsenenalter*. Invited talk in research colloquium, Universität Erlangen-Nürnberg.
- Krause, K. & Freund, A. M. (2011, May). *It's urgent, so let's procrastinate: The positive relation between procrastination and subjective urgency*. 18<sup>th</sup> International Max Planck Research School LIFE Spring Academy, Ann Arbor, MI.
- Hennecke, M., Clore, G. L., & Freund, A. M. (2011, Mai). *No pain, no gain? Positive affect decreases and negative affect increases goal commitment in a process focus*. 18th International Max Planck Research School LIFE Spring Academy, Ann Arbor, MI.
- Depping, M. K., & Freund, A. M. (2011, Mai). *Age-related changes in the sensitivity to gains and losses in decision making: A non-monetary gambling paradigm*. 18th International Max Planck Research School LIFE Spring Academy, Ann Arbor, MI.
- Weiss, David, & Freund, A. M. (2011, May). *When being older just feels better: How status differences motivate young adults' differentiation and assimilation*. 15th Conference of the European Association of Work and Organizational Psychology, Maastricht.
- Freund, A. M. (January 2011). *Managing resources across adulthood: On gains and losses, means and ends in personal goals*. Invited talk at the Business School and the Dept. of Psychology, University of Western Australia, Perth.
- Depping, M., & Freund, A. M. (2010, September). *Verluste wirken grösser als Gewinne. Verstärkt sich diese Tendenz über die Lebensspanne [Losses appear larger than gains. Does this tendency increase across the life span?]* Poster presented at the Conference of the German Society of Psychology, Bremen, Germany
- Freund, A. M., Isaacowitz, D.M., & Ebner, N.C. (2010, September). *Sind ältere Erwachsene stärker verlustvermeidend? Eine Untersuchung des Positivitätseffekts bei entscheidungsrelevanten Informationen [Are older adults more loss-avoidant? An investigation of the positivity effect for judgment-relevant information]*. Paper presented at the Conference of the German Society of Psychology, Bremen, Germany

- Depping, M. K., & Freund, A. M. (2010, September). Verluste wirken grösser als Gewinne: Verstärkt sich diese Tendenz über die Lebensspanne? [Losses loom larger than gains: Does this effect become stronger across the life span?]. Poster presented at the Conference of the German Society of Psychology, Bremen, Germany
- Hennecke, M. & Freund, A. M. (2010, September). Die Kunst des Scheiterns – Zielfokusabhängige Konsequenzen von Misserfolg [The art of failing – Consequences of goal focus when encountering failure]. Paper presented at the Conference of the German Society of Psychology, Bremen, Germany
- Krause, K., & Freund, A. M. (2010, September). *Prokrastination – Eine Frage des Zielfokus? [Procrastination: A question of goal focus?]*. Poster presented at the Conference of the German Society of Psychology, Bremen, Germany
- Mustafic, M. & Freund, A. M. (2010, September). Handlungsmittel oder Ergebnisse: Altersunterschiede in der Präferenz für Prozess- oder Ergebnisfokus [Action means or outcomes: Age-related differences in the preference for process or outcome focus] Poster presented at the Conference of the German Society of Psychology, Bremen, Germany
- Freund, A. M. (2010, June). *Motivational development across adulthood*. Talk at the Ph.D. workshop “Development as action in context,” Dornburg Castle, Germany.
- Freund, A. M., Ebner, N. E., & Isaacowitz, D. M. (2010, May). *Loss avoidance and aging – Age-related differences in attending to positive and negative information relevant to a decision*. Poster presented at the 22th Convention of the Association for Psychological Science, Boston, MA.
- Freund, A. M., & Nikitin, J. (2010, May). *Approaching is faster than avoiding: Support for a positivity effect in motivated behavior*. Paper presented at the 3<sup>rd</sup> meeting of the Society for the Study of Motivation, Boston, MA.
- Freund, A. M. (2010, January). *Der Weg und das Ziel. Zur Adaptivität des Zielfokus* [The way and the goal. On the adaptiveness of goal focus]. Invited talk at the Psychology Department Colloquium, University of Jena, Germany.
- Freund, A. M. (2009, October). *What we value and how it changes across adulthood*. Talk at the LIFE Fall Academy, Ann Arbor, MI.
- Freund, A. M. & Keil, A. (2009, September). *When arousal becomes aversive*. Talk at the conference of the Developmental Section of the German Society of Psychology, Hildesheim, Germany.
- Freund, A. M. (2009, July). *Of having and wanting: The interplay of goals and resources*. Invited colloquium talk at the Knowledge Media Research Center, University of Tuebingen, Tuebingen, Germany.
- Freund, A. M. (2009, July). *The role of resources for goal processes*. Invited colloquium talk at the Technical University Munich, Germany.
- Freund, A. M. (2009, June). *Successful Aging*. Invited talk at the First International Conference of Positive Psychology (IPPA), Philadelphia, PA.
- Freund, A. M. (2009, June). *Motivation and emotion across adulthood: The regulatory role of personal goals*. Invited talk at the Conference „Emotion, Stress, and Aging“, Geneva, Switzerland.
- Freund, A. M. (2008, December). *Development of goal-orientations and their functions across adulthood*. Invited colloquium talk at the Dept. of Psychology, Leipzig, Germany.

- Freund, A. M. (2008, November). *Motivational changes across adulthood. It's not only what you want, but how you want it.* Invited colloquium talk at the Center for Lifespan Psychology at the Max Planck Institute for Human Development, Berlin, Germany.
- Freund, A. M. (2008, October). *Contextualizing motivation: The sample case of personal goals across adulthood.* Invited colloquium talk of the Psychology Department, Brandeis University, Boston, MA.
- Freund, A. M. & Blanchard-Fields, F. (2008, July). *Money or ecology: Age-related differences in self-related vs. generative goals in a complex problem solving task.* Paper presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Hennecke, M. & Freund, A. M. (2008, July). *The role of goal focus for success in dieting.* Poster presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Kotter-Grühn, D., Scheibe, S., Blanchard-Fields, F., & Freund, A. M. (2008, July). *The psychology of Sehnsucht (life longings): Connections with related psychological fields.* Paper presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Mustafic, M., & Freund, A. M. (2008, July). *Wanting more is not always better: Associations of goal-orientation with age, outcome vs. process focus, and subjective indicators of well-being.* Poster presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Nikitin, J. & Freund, A.M. (2008, July). *Wanting acceptance and fearing rejection: Consequences of social approach and avoidance motivation for processing of social stimuli.* Poster presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Nikitin, J. & Freund, A.M. (2008, June). *Wanting acceptance and fearing rejection: Consequences of social approach and avoidance motivation for processing of social stimuli and experiencing of social interactions.* Poster presented at the International Symposium Foundations of Human Social Behavior, Zurich, Switzerland.
- Riediger, M., & Freund, A. M. (2008, July). *Me against myself: Motivational conflicts and emotional development in adulthood.* Paper presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Ritter, J.O. & Freund, A. M. (2008, July). *Having in mind what you cannot get: Memory advantages for excluded options in choice situations.* Paper presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Staudinger, U. M., Freund, A. M., Gerstorf, D., & Ram, N. (2008, July). *The quest for biological-cognitive underpinnings of emotional development in old age: Evidence for dynamic linkages.* Paper presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Wiese, B. W. & Freund, A. M. (2008, July). *From high school to university: Do family plans influence career decisions in adolescence?* Paper presented at the 29<sup>th</sup> International Congress of Psychology, Berlin, Germany.
- Freund, A. M., & Wiese, B. S. (2008, July). *The role of gender-related attitudes, goals, and aspirations in the transition from school to university.* Paper presented at the Conference of the 20th meeting of the International Society for the Study of Behavioural Development (ISSBD), Wuerzburg, Germany.
- Senko, C., Riediger, M., & Freund, A. M. (2008, May). *Personal avoidance goals and subjective well-being: A lifespan perspective.* Poster presented at the 20th Convention of the Association for Psychological Science, Chicago, IL.

- Nikitin, J. & Freund, A.M. (2008, May). *Simultaneous approach and avoidance motivation affects emotional experience in social situations*. Poster presented at the 20th Annual Convention of the Association for Psychological Science, Chicago, IL.
- Freund, A. M. (2008, May). *Out of mind, out of heart: Attention affects duration of emotional experience*. Poster presented at the 20th Convention of the Association for Psychological Science, Chicago, IL.
- Freund, A. M. & Senko, C. (2008, May). *Goal framing: Age-differential effects on persistence (but not on performance)*. Poster presented at the Inaugural meeting of the Society for the Study of Motivation, Chicago, IL.
- Nikitin, J. & Freund, A.M. (2008, May). *The role of social approach and avoidance motivation on processing emotional faces*. Paper presented at the Inaugural meeting of the Society for the Study of Motivation, Chicago, IL.
- Freund, A. M., & Wiese, B. S. (2008, May). *Transition from school to university: Gender-related attitudes and aspirations*. Paper presentet at the XIth Conference of the European Association of Research on Adolescence (EARA), Torino, Italy.
- Wiese, B. S. & Freund, A. M. (2008, May). *Planned work participation in different phases of the family life cycle: Role models and ideals*. Paper presentet at the XIth Conference of the European Association of Research on Adolescence (EARA), Torino, Italy.
- Freund, A. M. (2008, April). *Development of goal orientation across adulthood*. Invited colloquium at the university of Basel, Switzerland.
- Freund, A. M. (2007, September). *Memory bias for age-related information in younger and older adults*. Talk at the 10th Congress of the Swiss Society of Psychology, Zurich, Switzerland.
- Nikitin, J. & Freund, A.M. (2007, September). *Fearing rejection and wanting acceptance: How do co-occurring approach and avoidant affiliation motives influence well-being, perception, and behavior?* Poster presented at the 10th Congress of the Swiss Society of Psychology, Zurich, Switzerland.
- Wiese, B. S., Freund, A. M., & Seiger, C. P. (2007, August). *Positive transfer between the work and family domains: Contents, processes, and correlates*. Paper presented at the 13th European Conference on Developmental Psychology, Jena, Germany.
- Freund, A.M. (2007, August). *Longevity, the structuring of the life-course, and self-regulation*. Paper presented at the Workshop "Linked Lives" held at Geneva, Switzerland.
- Freund, A. M. (2007, August). *Selection, optimization, compensation: An approach for understanding and investigating successful development*. Paper presented at the Conference of the European Society of Developmental Psychology, Jena, Germany.
- Wiese, B. S., & Freund, A. M., & Seiger, C. S. (2007, August). *Positive transfer between the work and family domains: contents, processes, and correlates*. Paper presented at the Conference of the European Society of Developmental Psychology, Jena, Germany.
- Freund, A. M. (2007, August). *Selection, optimization, and compensation: The role of goal processes for development*. Paper presented at the Convention of the American Psychological Association (APA), San Francisco, U.S.A.
- Freund, A. M. (2007, June). *Contextualizing motivation: The sample case of personal goals across adulthood*. Invited keynote lecture, Summer workshop of the Division Social Psychology of the German Association of Psychology, Cologne, Germany.

- Freund, A. M. (2007, June). *Die Rolle von Ressourcen für das Setzen und Verfolgen persönlicher Ziele* [The role of resources for setting and pursuing personal goals]. Invited colloquium at the University of Bern, Bern, Switzerland.
- Nikitin, J., & Freund, A.M. (2007, March). *How do jointly held approach and avoidance social motives influence behavior?* Paper presented at the Motivation in Context Workshop, Monte Verita, Switzerland.
- Freund, A. M. (2007, February). *The role of resources for successful development across adulthood*. Invited colloquium at PAVIE, University of Lausanne, Switzerland.
- Freund, A. M. (2007, January). *Regulating the incompleteness and imperfection of life: An emerging theory on Sehnsucht*. Invited talk at the Academic Memorial for Paul B. Baltes, Berlin, Germany.
- Freund, A. M. & Ebner, N. C. (September, 2006). *Approach and avoidance motivation: Age counts*. Paper presented at the 45<sup>th</sup> conference of the German Psychological Association, Nürnberg, Germany.
- Freund, A. M. (September, 2006). *To be or to do? Knowledge- and action-based aspects of identity in old age*. Invited talk at the Summer Academy of ProSenectute Switzerland, Zurich.
- Freund, A. M. (Juli, 2006). *Consciousness as corrective*. Invited talk at the Berlin Brandenburg Academy of Sciences and Humanities, Berlin, Germany.
- Freund, A. M. & Riediger, M. (June, 2006). *It's not the destination, it's the journey that matters: Positive effects of process versus outcome goal focus*. Talk at the 3<sup>rd</sup> European Conference of Positive Psychology, Braga, Portugal.
- Freund, A. M. (June, 2006). *Motivational processes in adulthood: It's not only what you want, but how you want it*. Invited talk at the University of Geneva, Switzerland.
- Freund, A. M. (March, 2006). *Goal focus: Age matters*. Invited talk at the Annual Congress of the British Psychological Society, Cardiff, England.
- Freund, A.M. (March, 2006). *What you want: Goal processes in adulthood*. Invited talk at the University of Vienna, Austria.
- Freund, A.M. (November, 2005). *Goal orientation in adulthood*. Invited talk at the University of Fribourg, Switzerland.
- Freund, A. M. (November, 2005). *Personal goals across adulthood: Age matters*. Invited talk at the Jacobs School of the International University Bremen, Bremen, Germany.
- Freund, A.M. (July, 2005). *Forschung in den USA* [Research in the USA]. Invited talk at the University Hildesheim, Germany.
- Freund, A.M. (May, 2004). *Managing multiple goals*. Talk at the Colloquium of the Clinical and Personality Area, Dept. of Psychology, Northwestern University, Evanston, USA.
- Freund, A.M., & Riediger, M. (September, 2004). *Haben oder tun: Altersbezogene Unterschiede in der Zielorientierung im Erwachsenenalter* [Having or doing: Age-related differences in goal-orientation in adulthood]. Paper presented at the 44<sup>th</sup> conference of the German Psychological Association, Göttingen, Germany.
- Riediger, M., & Freund, A. M. (September, 2004). *Zielkonvergenz und Zielverfolgung als Stärken des Alters: Zur Rolle zielbezogener Selektivität* [Intergoal facilitation and intensive goal pursuit as strengths of older adulthood: The role of goal-related selectivity]. Paper presented at the 44<sup>th</sup> Congress of the German Society of Psychology, Göttingen, Germany.

- Scheibe, S., Freund, A.M., & Baltes, P.B. (September, 2004). *Der Wunsch nach dem idealen Leben: Entwicklungspsychologische Befunde zur Sehnsucht* [The wish for an ideal life: Developmental results on life-longing]. Poster presented at the 44<sup>th</sup> conference of the German Psychological Association, Göttingen, Germany.
- Freund, A. M. & Ebner, N. C. (July, 2004). *Motivational aspects of the "aging self."* SELF-conference, Berlin, Germany.
- Scheibe, S., Freund, A.M., & Baltes, P.B. (July, 2004). *Life-longing (Sehnsucht): Towards the measurement of personal utopias of life and their developmental functions.* Poster präsentiert auf dem 18th Biennial Meeting of the International Society for the Study of Behavioral Development (ISSBD), Ghent, Belgium.
- Ebner, N. C., & Freund, A. M. (March, 2004). *Growth, maintenance, and prevention of loss: Age differences in personal goal orientation.* Poster presented at the 5<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Freund, A.M., & Riediger, M. (November, 2003) *Having or doing: Age-related differences in outcome versus process orientation.* Poster presented at the 3rd Biennial Meeting of the Society for the Study of Human Development, Cambridge, MA.
- Scheibe, S.E., Freund, A.M., & Baltes, P.B. (November, 2003). *Constructing alternative realities of life: Age-related differences in Life-Longing ("Sehnsucht") across adulthood.* Poster presented at the 3rd Biennial Meeting of the Society for the Study of Human Development, Cambridge, MA.
- Freund, A. M., & Ebner, N. C. (August, 2003). *Goals in action: Developmental processes in goal framing.* Talk at the 111<sup>th</sup> conference of the American Psychological Association (APA), Toronto, Canada.
- Ebner, N. C., & Freund, A. M. (2003). *Win or Don't Lose: Age Differences in Personal Goal Focus.* Poster presented at the 111<sup>th</sup> Meeting of the American Psychological Association, Toronto, Canada.
- Freund, A. M. (May, 2003). *Motivation in adulthood.* Talk at the spring academy of the International Max Planck School "LIFE" at the University of Michigan, Ann Arbor, MI.
- Freund, A. M. (March, 2003). *Successful aging.* Invited Colloquium at the University of West Florida, Pensacola, FL.
- Freund, A. M. (December, 2002). *Assimilations- und Kontrasteffekte in sozialen Urteilen* [Assimilation and contrast effects in social judgements]. Colloquium at the Free University Berlin, Germany.
- Freund, A. M. (October, 2002). *Über die Zeitdynamik im wissenschaftlichen Arbeiten* [On the dynamic of time in scientific work]. Invited paper presented at the Interacademic Symposium on Time, Berlin, Germany.
- Freund, A. M. (September, 2002). *Die Rolle von Zielen für die Entwicklung* [The role of goals for development]. Position paper presented at the conference of the German Psychological Association, Berlin, Germany.
- Scheibe, S.E., Freund, A.M., & Baltes, P.B. (November, 2002). *Alternative realities of the life course: Towards a psychology of sehnsucht (longing, yearning).* Poster presented at the 55<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.

- Riediger, M., & Freund, A. M. (September, 2002). *Zielkonflikt und Zielkonvergenz: Zwei Seiten einer Medaille?* [Goal conflict and goal convergence: Two sides of one coin?]. Paper presented at the 43rd Congress of the German Society of Psychology, Berlin, Germany.
- Scheibe, S.E., Freund, A.M., & Baltes, P.B. (June, 2002). *Alternative Wirklichkeiten des Lebensverlaufs: Auf dem Weg zu einer Psychologie der Sehnsucht* [Alternative realities of the life course: Towards a psychology of life-longing]. Poster presented at the 43rd conference of the German Psychological Society, Berlin, Germany.
- Freund, A. M. (June, 2002). *Scientists are crazy men in white lab coats. Scientists and science in the public eye.* Paper presented at the 350 year celebration of the Academy of Sciences, Leopoldina, Halle, Germany.
- Freund, A. M. (July, 2002). *Old and unhappy? Positive and negative emotions in old age.* Paper presented at the conference of the International Society of Research on Emotions. Cuenca, Spain.
- Freund, A. M. (May, 2002). *Das alternde Selbst* [The aging self] Invited Colloquium at the University of Hildesheim, Germany.
- Freund, A. M. (May, 2002). *Life-management in adulthood.* Invited lecture at the Bucerius Law School, Hamburg, Germany.
- Freund, A. M. (September, 2001). *New thoughts on an old concept. On the importance of developmental goals and social expectations for individual development.* Paper presented at the 15th Conference for Development of the German Society for Psychology, Potsdam, Germany.
- Riediger, M., Freund, A. M., & Baltes, P. B. (September, 2001). *Multiple Ziele im frühen und späten Erwachsenenalter: Ihre Bedeutung für Befindlichkeit und Zielverfolgung* [Multiple goals in early and late adulthood: Associations with well-being and goal pursuit]. Paper presented at the 15th Meeting of the Division Developmental Psychology of the German Society of Psychology, Potsdam, Germany.
- Riediger, M., Freund, A. M., & Baltes, P. B. (June, 2001). *Intergoal conflict and facilitation: Age-group differences and relations to well-being and goal pursuit.* Poster presented at the 13th Annual Convention of the American Psychological Society, Toronto, Canada
- Freund, A. M. (September, 2000). *Prozesse der Zielauswahl und Zielverfolgung im frühen und höheren Erwachsenenalter* [Processes of goal selection and goal pursuit in early and late adulthood]. Paper presented at the 42<sup>nd</sup> Congress of the German Psychological Association, Jena, Germany.
- Freund, A. M. (June, 2000). *Was führt zum Ziel? Prozesse der Zielauswahl und -verfolgung über die Lebensspanne* [What leads to the goal? Processes of goal selection and goal pursuit across the lifespan]. Invited colloquium at the Institute for Psychology, Free University of Berlin, Berlin, Germany
- Freund, A. M. (November, 1999). *Selection, optimization, and compensation: Cross-sectional and longitudinal results.* Paper presented at the 50th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Freund, A. M. (June, 1998). *Selbstregulation im Alter: Wer reguliert wen, was und wie?* [Self-regulation in old age: Who regulates whom, what, and how?]. Invited paper presented at the 11th Coping Workshop, Hannover, Germany.

- Freund, A. M., & Baltes, P. B. (August, 2001). *Goals as building blocks of personality and development*. Paper presented at the 52nd APA Convention, San Francisco, CA.
- Freund, A. M., & Baltes, P. B. (August, 1999). *Life-mastery: The role of selection, optimization, and compensation*. Paper presented at the European Conference of Gerontology, Berlin, Germany.
- Freund, A. M., & Baltes, P. B. (August, 1999). *Life mastery: The role of selection, optimization, and compensation*. Paper presented at the European Conference of Gerontology, Berlin, Germany.
- Freund, A. M., & Knäuper, B. (October, 1998). *Considerations about the concept of self-regulation from a life-span perspective*. Poster presented at the 41st Convention of the German Society of Psychology, Dresden, Germany.
- Freund, A. M., & Baltes, P. B. (July, 1998). *The importance of the orchestration of selection, optimization, and compensation for developmental regulation*. Paper presented at the XVth Biennial ISSBD Conference, Berne, Switzerland.
- Riediger, M., Freund, A. M., & Baltes, P. B. (June, 2001). *Intergoal conflict and facilitation: Age-group differences and relations to well-being and goal pursuit*. Poster presented at the 13<sup>th</sup> Annual Convention of the American Psychological Society, Toronto, Canada.
- Riediger, M., Freund, A. M., & Baltes, P. B. (November, 2000). *Goal conflict and coherence in the context of starting to exercise*. Poster presented at the 53<sup>rd</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Scheibe, S. E. & Freund, A. M. (September, 2003). *Erste Befunde zu einer Entwicklungspsychologie der Sehnsucht: Der emotionale Aspekt* [First results of a developmental psychology of Sehnsucht: The emotional aspect]. Paper presented at the 16. Conference of the Developmental Conference of the German Psychological Association, Mainz, Germany.
- Schindler, I., & Freund, A. M. (2000). *Die Auswirkung der Zielauswahl auf die Zielbindung (Commitment)* [The impact of goal selection on commitment]. Poster presented at the 42<sup>nd</sup> Congress of the German Psychological Association, Jena, Germany.
- Stange, A., Baltes, P. B., & Freund, A. M. (September, 2000). *To SOC or not to SOC?* Poster presented at the 42<sup>nd</sup> Congress of the German Psychological Association, Jena, Germany.
- Staudinger, U. M., & Freund, A. M. (1999, November). *Coping with morbidity in old and very old age: A longitudinal perspective*. Paper presented at the Annual Meeting of the Gerontological Society of America, San Francisco, CA.
- Wiese, B. S., Schmitz, B., & Freund, A. M. (September, 2000). *Anwendung eines entwicklungspsychologischen Meta-Modells auf studien- und berufsbezogenes Handeln* [Application of a meta-model of development to study-related and professional actions]. Paper presented at the 42<sup>th</sup> Conference of the German Psychological Association, Jena, Germany.
- Wrosch, C., & Freund, A. M. (October, 1998). *The normed life course? Self-regulation of (non-)normative developmental challenges*. Paper presented at the 41st Convention of the German Society of Psychology, Dresden, Germany.